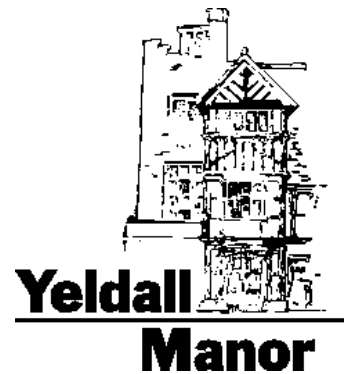


YELDALL MANOR INFORMATION

For referrers including Social Workers, Drug/Alcohol Workers and Probation Officers



Yeldall Manor
Blakes Lane
Hare Hatch
Reading RG10 9XR

Yeldall Manor is a drug/alcohol residential rehabilitation centre offering Tier 4 services. It is situated in 38 acres of Berkshire countryside, has been open since 1977 and is registered with the Care Quality Commission.

Yeldall Manor is able to offer:

- A medically managed Community Detoxification from drugs and/or alcohol for men entering their 1st Stage programme.
- 1st Stage intensive Residential Programme, which is flexible in length between 3 and 6 months dependent upon assessed need.
- 2nd Stage residential Resettlement Programme, which is for between 3 and 5 months.
- Aftercare Support for a year to help residents resettle back into the community, provided free of charge.

Referrals direct line: 0118 940 4413

Fax: 08701671999

E-mail: referrals@yeldall.org.uk

Web: www.yeldall.org.uk

Although designed as a comprehensive treatment package, these programmes can be accessed separately or combined.

The main objective of the 1st stage programme is to help residents understand and begin to deal with their underlying addiction problems. The 2nd stage Resettlement programme aims to give residents the qualifications, experience and confidence to move back into society without the need for drugs or alcohol.

Yeldall Manor is run with a Christian ethos, but applicants do not need to be Christian themselves; the programmes are available to men of different faiths or of no faith at all. We merely ask that residents respect the Christian aspects of the programme.

Applications are accepted from all over the United Kingdom. An efficient procedure ensures that applications are processed quickly and places offered as soon as possible, although this is dependent upon the availability of places and funding being obtained.

Application Process

1. On receipt of a letter or telephone call (0118 940 4413) from the applicant or his representative, an Information Pack including an Application Form will be sent to him;
2. The Application Process formally starts once a completed application form is received by the Admissions Team;
3. The applicant will be advised on funding sources and given a contact name and telephone number where possible;
4. On receipt of the application form, requests for reports are sent to all the agencies able to provide information to assist the Admissions Team in making a decision concerning an applicant's suitability for the programme.
5. Following the receipt of reports, an interview will be arranged as soon as possible. The interview will be at Yeldall Manor whenever possible, in order to give the prospective resident an opportunity to see the programme at first hand, and particularly to talk to current residents.

If Fast Track Assessment is necessary and supported by funding, and there is a place available at Yeldall Manor, a prospective resident can join the programme without going through the above procedure. Call the Admissions Team on 0118 940 4413.

Mental Health Crisis Management Protocol

If any new applicant has been known to mental health services within the six months prior to admission, or has a severe or enduring mental health problem, then Yeldall will inform the Wokingham Mental Health 'Immediate Response and Intensive Support' team (IRIS) on acceptance of the resident.

Should a mental health crisis arise whilst a resident is at Yeldall Manor, the IRIS team will provide an assessment if the GP or Yeldall request it. If IRIS recommends that the resident is too unwell to continue the Yeldall programme and requires admission, the referring agency is responsible for funding an in-patient bed or otherwise managing the care.

Suicide and Self-harm

Yeldall Manor has a policy whereby any applicant with a history of suicide attempts must have had at least six months since the most recent episode before joining the programme at Yeldall Manor. Applicants must also be free of self-harm for three months.

Detoxification

"Inpatient detox followed by residential rehabilitation is the most effective way for drug misusers to become drug free". Best-NTA 2005

Yeldall Manor is now able to offer a medically managed community detox from drugs and/or alcohol for residents entering their 1st Stage Programme.

Those applicants not wishing to take advantage of this facility will need to be completely detoxed before being admitted to Yeldall Manor. If they are being prescribed drugs for any reason it is important that they communicate this to the Admissions Team. (See below for allowable meds list under section 4)

Psychotropic Medication

Yeldall Manor has a policy on Psychotropic Medication, which is available on request. This gives details of medication contained within section 4 of the British National Formulary that it is acceptable for residents at Yeldall Manor to take while they are on the rehabilitation programme. In brief, residents on the Yeldall Manor programme may take drugs in the following sections of the BNF, on prescription:

- 4.2.1 Antipsychotic drugs
- 4.2.3 Antimanic drugs
- 4.3.1 Tricyclic and related antidepressants
- 4.3.2 Mono-amine oxidase inhibitors
- 4.3.3 SSRI's and related antidepressants
- 4.3.4 Other antidepressant drugs
- 4.5.1 Appetite suppressants (NB: not the centrally acting drugs listed in section 4.5.2)
- 4.6 Drugs used in nausea and vertigo
- 4.7.1 Non-opioid analgesics
- 4.7.3 Trigeminal neuralgia
- 4.7.4 Anti-migraine drugs
- 4.8.1 Control of epilepsy (NB: Excluding barbiturates, and the benzodiazepines)
- 4.9.1 Dopaminergic drugs used in Parkinsonism
- 4.9.2 Anti-muscarinic drugs used in Parkinsonism
- 4.9.3 Drugs used in essential tremor, chorea, tics and related disorders

Legal Status of Residents

Yeldall Manor recognises that residents may have outstanding legal issues before they begin the programme, and that this may result in them going to court for sentencing. These issues may also affect funding from the Probation Service. As a result of this the following arrangements have been agreed between Yeldall Manor and Berkshire Probation Service:

1. Probation Services can only fund placements at Yeldall Manor when the resident is subject to a court order or parole licence;

2. Funding can be available during the orientation period on adjournment from court prior to a probation order being made;
3. Yeldall Manor and Berkshire Probation Service would prefer probation orders to contain a condition "to reside where directed" rather than a condition "to reside at Yeldall Manor".
4. However, if a court felt it was essential to impose a condition "to reside at Yeldall Manor" we would not allow this to stand in the way of the client joining the programme.
5. Yeldall Manor will accept residents straight from prison, including those on licence, on parole and on Home Detention Curfew (Tag), although it is important that any application is not seen as a way to obtain early release from prison, but rather as a genuine desire to change.
6. Residents subject to probation or parole licence will be expected to keep regular contact with their supervising probation officer during their period of stay at Yeldall Manor.

Drug Rehabilitation Requirement / Alcohol Treatment Requirements

Yeldall Manor is happy to comply with the conditions imposed by these orders. For further details, information and costs please call the Admissions Team.

Family Support

Yeldall Manor is committed to families and will do everything possible to support and help close family members of residents. After the first 14 days of the programme families are encouraged to visit at weekends. We also recognise that it may be important for a resident to go home for days or weekends as the programme allows. Yeldall Manor will pay for a resident to go home once during the programme if he is unable to pay for himself. Funders can offer help with trips home where appropriate.

Leaving the Programme prematurely

Residents are free to leave the programme at any time they wish. However, if they are on a Probation Order or Parole they will be advised to contact the Probation Service immediately. Residents expressing a desire to leave the programme will also be encouraged to discuss this with their Social Worker or referring Drugs Worker.

Only the Director or his appointed deputy has the authority to dismiss a resident from the programme. Grounds for dismissal would include violence or threats of violence, taking drugs or drinking alcohol, particularly on the premises, or a consistent unwillingness to abide by the House Rules and Contract.

Personal Health

Yeldall Manor's policy statement concerning personal health, particularly HIV infection, AIDS and Hepatitis is available on request.

Bullying and Protection of Vulnerable Adults

Yeldall Manor has policies on both bullying and the protection of vulnerable adults. Copies of these policy statements are available on request.

Confidentiality

Yeldall Manor recognises that if a resident is to be able to share those intimate and personal issues necessary for change, he will need to be able to trust his counsellor. Therefore these issues will not be discussed and shared with the full staff team but only with senior counselling staff. Only general issues will be discussed and shared with the full staff team. Information will not be passed to other people outside Yeldall Manor without the express permission of a resident, except in exceptional circumstances. The inspectors in the 'Care Quality Commission' have a legal right and obligation to inspect records.

The Yeldall Manor Programme

Helping men to live a life free from drugs or alcohol

The Yeldall Manor programme is designed to help residents to live a fulfilled and new life free from using drugs or alcohol. The level of change necessary in order to achieve this is considerable and we believe that the acceptance and structure found at Yeldall Manor are essential to bring about this change. Love and acceptance for each resident as a unique individual provides hope and dignity. The discipline and structure of the programme provides the environment in which old feelings and attitudes can be challenged, and new ones tried and tested.

The Yeldall Manor programme is divided into two Phases, known as Orientation and Regeneration. The purpose of each phase is to provide residents with the opportunity for different levels of growth and change to take place.

The Orientation Phase normally lasts for four weeks and gives residents the opportunity to become accustomed to the structured environment of the Yeldall Manor programme. During this phase residents will need to demonstrate their motivation and suitability for the programme if they want to be invited to continue on after the Assessment Phase.

The Regeneration Phase lasts for up to 20 weeks. At the beginning of this phase residents enter into a contract that will include personal objectives and conditions covering attitudes, relationships, responsibilities, work, leave/visits, etc. Residents have the time to identify those fundamental issues that led them into drug/alcohol dependency and will need to show a willingness to face them and the problems resulting from their drug/alcohol use.

This phased structure is part of a dynamic process that makes it progressively more difficult and less attractive for residents to return to their old life-style and drug or alcohol abuse.

Each resident on the programme has his own suitably qualified Counsellor. Residents are also part of a small team with a member of staff taking responsibility for pastoral care and other practical day to day issues.

Other key aspects of the programme are:

- Work on the 38-acre estate, in the kitchen, in house maintenance, or with house-keeping, all activities that provide purposeful and creative activity;
- One-to-one Counselling with a trained counsellor (the same person through the whole programme) looking at issues such as rejection and broken relationships, as well as other welfare and family issues;
- Teaching groups covering life skills, attitudes, ethics, relationships and relapse prevention;
- Interactive groups where residents are involved in peer evaluation. These are not encounter groups but an opportunity for residents to contribute to their own and others' recovery by becoming responsible and accountable to each other in sharing openly and honestly;
- Training tailored to residents' specific needs, which may include help with literacy, numeracy, communication and IT skills;
- Recreation (Swimming, football, fishing, volleyball or other sports activities, shopping, etc.)

The Lodge Programme – After reaching Regeneration phase 4 on the Yeldall Manor programme, participants may apply to the Lodge programme. Applications are made through their counsellor and must also be funded. See separate information sheet for full details.