

## DRUG/ALCOHOL REHABILITATION CENTRES & DAY PROGRAMMES

Yeldall Manor Rehabilitation Centre
<p><b>Yeldall Manor</b> (drugs/alcohol, men) – Blakes Lane, Hare Hatch, Reading RG10 9XR.  <i>Admissions: 0118 940 4413. <a href="mailto:admissions@yeldall.org.uk">admissions@yeldall.org.uk</a> Web-site: <a href="http://www.yeldall.org.uk">www.yeldall.org.uk</a></i></p>
Other Christian Rehabilitation Centres
<p><b>Betel</b> (drugs/alcohol, male &amp; female, <b>funding not required</b>) – Windmill House, Weatheroak Hill, Alvechurch, Birmingham B48 7EA. <i>Tel: 01564 822356. <a href="http://www.betelofbritain.wordpress.com">www.betelofbritain.wordpress.com</a></i></p>
<p><b>Bethany Christian Centres</b> (various support) – 6 Casselbank Street, Edinburgh EH6 5HA.  <i>Tel: 0131 554 4071. <a href="mailto:info@bethanyct.com">info@bethanyct.com</a> <a href="http://www.bethanychristiantrust.com">www.bethanychristiantrust.com</a></i></p>
<p><b>Carpenter's Arms</b> (drugs/alcohol, male, <b>funding not required</b>) – Wharnccliffe Road, Loughborough LE11 1SL <i>Tel: 01509 550 246 <a href="mailto:carpentersarms@talktalkbusiness.net">carpentersarms@talktalkbusiness.net</a> <a href="http://www.carpenters-arms.org">www.carpenters-arms.org</a></i></p>
<p><b>City Hearts</b> (addiction and other issues, <b>female</b>, <b>funding not required</b>) – PO Box 4285, Sheffield S2 9BE <i>Tel: 0114 213 2063 <a href="mailto:info@city-hearts.co.uk">info@city-hearts.co.uk</a> <a href="http://www.city-hearts.co.uk">www.city-hearts.co.uk</a></i></p>
<p><b>Gilead Foundation</b> (drugs/alcohol, male/female &amp; women with children) - Risdon Farm, Jacobstowe, Okehampton, Devon EX20 3AJ. <i>Tel: 01837 851240 <a href="http://www.gilead.org.uk">www.gilead.org.uk</a></i></p>
<p><b>Gloucester House</b> (drugs/alcohol, male) – Salvation Army, 6 High Street, Highworth, Swindon SN6 7AG. <i>Tel: 01793 762365 <a href="http://www2.salvationarmy.org.uk/gloucesterhouse">www2.salvationarmy.org.uk/gloucesterhouse</a></i></p>
<p><b>Kenward Trust</b> (drugs/alcohol, male/<b>female</b>) – Kenward House, Kenward Road, Yalding, Kent ME18 6AH <i>Tel: 01622 814187. <a href="mailto:enquiry@kenwardtrust.org.uk">enquiry@kenwardtrust.org.uk</a>. <a href="http://www.kenwardtrust.org.uk">www.kenwardtrust.org.uk</a></i></p>
<p><b>Hebron House</b> (drugs/alcohol, <b>female</b>) – 12 Stanley Avenue, Thorpe Hamlet, Norwich NR7 0BE <i>Tel: 01603 439905 <a href="http://www.hebrontrust.org.uk">http://www.hebrontrust.org.uk</a> <a href="mailto:info@hebrontrust.org.uk">info@hebrontrust.org.uk</a></i></p>
<p><b>House of Heroes, Ovis Farm</b> (drugs/alcohol, male/female – c. 20-50, <b>funding not required</b>) – Ovis Farm, Bratton Fleming, Barnstaple EX31 4TP. <i>Tel: 01598 710989 <a href="http://www.houseofheroes.smartchange.org">www.houseofheroes.smartchange.org</a></i></p>
<p><b>Remar UK</b> (drugs/alcohol, male/female – Sheffield, London, Nottingham - funding not required, instant access possible) – 847 High Road, Leytonstone E11 1HH <i>Tel: 0208 5390452 <a href="http://www.remar.uk.com">www.remar.uk.com</a></i></p>
<p><b>Teen Challenge</b> (drugs/alcohol, male/female, up to 30) – 52 Penygroes Road, Gorslas, Llanelli SA14 7LA <i>Tel: 01269 842718 <a href="http://www.teenchallenge.org.uk">www.teenchallenge.org.uk</a></i></p>
<p><b>Victory Outreach UK</b> (Christian family-based discipleship homes for young people with support) – Impact Centre, Crown Buildings, Ebbw Vale NP23 6YQ <i>Tel: 0845 409 2449 <a href="http://www.vouk.org.uk">www.vouk.org.uk</a></i></p>
Local Christian Support Groups / Day Programmes
<p><b>Lifeshapers</b> (Discipleship groups in various churches around the country, also suitable for those with addiction problems) <i>Tel: 01453 546775.</i></p>
<p><b>Overcomers</b> (Christian twelve step group for any addictive behaviours) – various locations.  <a href="http://www.overcomersoutreach.co.uk">www.overcomersoutreach.co.uk</a></p>
<p><b>Celebrate Recovery</b> (Christian twelve step support group for any addictive behaviours) – various locations. <a href="http://www.celebraterecovery.co.uk">www.celebraterecovery.co.uk</a></p>
<p><b>The Matthew Project</b> (drugs counselling &amp; support) – 24 Pottergate, Norwich NR2 1DX <i>Tel: 01603 626123. E-mail: <a href="mailto:needhelp@matthewproject.org">needhelp@matthewproject.org</a>. <a href="http://www.matthewproject.co.uk">www.matthewproject.co.uk</a></i></p>
<p><b>The Living Room</b> (day programme) – 8-10 The Glebe, Chells Way, Stevenage SG2 0DJ  <i>Tel: 01438 355648 <a href="mailto:enquiries@thelivingroom.me.uk">enquiries@thelivingroom.me.uk</a> <a href="http://www.thelivingroom.me.uk">www.thelivingroom.me.uk</a></i></p>
<p><b>Philippi Trust</b> (Christian counselling) – 229 Kings Road, Reading RG1 4LS. (Also Southport, Cornwall &amp; St. Helens) <i>Tel: 0118 966 7422 <a href="http://www.philippi.co.uk">www.philippi.co.uk</a></i></p>

## Information and Support

**Adfam** (network for families of people with drug or alcohol problems) – Waterbridge House, 32-36 Loman Street, London SE1 0EH *Tel: 020 7928 8898* [www.adfam.org.uk](http://www.adfam.org.uk)

**AI-Anon** (support for families and friends of problem drinkers) 61 Great Dover Street, London SE1 4YF *Tel: 020 7403 0888* [www.ai-anonuk.org.uk](http://www.ai-anonuk.org.uk)

**Alcoholics Anonymous** (support groups for alcoholics) *Tel: 0845 7697 555*  
[www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)

**DIAS** (open access drug & alcohol service for Reading, Drop-in: 1pm – 3pm Monday to Friday and Tuesday evening until 7pm for those who work) - 79 London Street, Reading RG1 4QA.  
*Tel: 0118 956 7441* [www.reading.gov.uk/drugsandalcohol](http://www.reading.gov.uk/drugsandalcohol)

**Drinkline** (information and advice for anyone with concerns about their own or someone else's drinking) *Tel: 0800 917 82 82* For information see also separate web-site: [www.alcoholconcern.org.uk](http://www.alcoholconcern.org.uk)

**DrugFam** (offering support for families of people with addiction problems in Buckinghamshire & elsewhere. *Tel: 08453 8838 53* [www.drugfam.co.uk](http://www.drugfam.co.uk)

**Drugscope** (information about all aspects of drugs and drug abuse) - 32-36 Loman Street, London SE1 0EE *Tel: 0202 7928 1211*(for information rather than advice) [www.drugscope.org.uk](http://www.drugscope.org.uk)

**Families Anonymous** (support for relatives and friends concerned about someone's drug use) – *Tel: 0845 1200 660* [www.famanon.org.uk](http://www.famanon.org.uk)

**Frank** (24 hour information and advice on drugs) *Tel: 0800 77 66 00* [www.talktofrank.com](http://www.talktofrank.com)

**Hope UK** (Christian drugs information, training & literature, especially for young people) – 25(f) Copperfield Street, London SE1 0EN *Tel: 020 7928 0848* [www.hopeuk.org](http://www.hopeuk.org)

**Life for the World Trust** (Christian addiction training) – Training Resource Centre, Genesis House, Green Park Road, Bath BA1 1JB *Tel: 01392 217744* [www.lftw.org](http://www.lftw.org)

**Narcotics Anonymous** (support groups for drug addicts) – UK Service Office, 202 City Road, London EC1V 2PH *Tel: 020 7730 0009* [www.ukna.org](http://www.ukna.org)

**PADA** (helpline for families of drug misusers and links to other support groups around the country) – The Foundry, Marcus Street, Birkenhead, Wirral CH41 1EU  
*Tel: 08457 023867* [www.pada.org.uk](http://www.pada.org.uk)

**Re-Solv** (help and information on all aspects of solvent abuse, including for parents)  
*Telephone helpline (office hours): 0808 800 2345.* [www.re-solv.org](http://www.re-solv.org)

**Samaritans** (confidential non-judgemental emotional support, 24 hours a day for people who are experiencing feelings of distress or despair, including those which could lead to suicide.)  
*08457 90 90 90*

**The National Association for Children (of all ages) of Alcoholics** (support for those with a parent with alcoholism or other addiction) – *Tel: 0800 358 3456* [www.nacoa.ork.uk](http://www.nacoa.ork.uk)

## Literature

**Kicking It** - A small readable book by David Partington, suitable for anyone struggling with addiction or seeking to help them. Available only from Yeldall, price £3, tel: 0118 940 1093

**A Parents' Guide to Drugs and Alcohol** – Government leaflet describing various drugs and their effects. This and other literature available free of charge from [www.talktofrank.com](http://www.talktofrank.com).  
*Tel: 0800 77 66 00*