

DRUG/ALCOHOL REHABILITATION CENTRES & DAY PROGRAMMES

Yeldall Manor Rehabilitation Centre
<p>Yeldall Manor (drugs/alcohol, men) – Blakes Lane, Hare Hatch, Reading RG10 9XR. <i>Admissions: 0118 940 4413. admissions@yeldall.org.uk Web-site: www.yeldall.org.uk</i></p>
Other Christian Rehabilitation Centres
<p>Betel (drugs/alcohol, male & female, funding not required) – Windmill House, Weatheroak Hill, Alvechurch, Birmingham B48 7EA. <i>Tel: 01564 822356. www.betel.org.uk</i></p>
<p>Bethany Christian Centres (various support) – 6 Casselbank Street, Edinburgh EH6 5HA. <i>Tel: 0131 454 3125. info@bethanyct.com www.bethanyct.com</i></p>
<p>Carpenter's Arms (drugs/alcohol, male, funding not required) – Wharncliffe Road, Loughborough LE11 1SL <i>Tel: 01509 550 246 carpentersarms@talktalkbusiness.net www.carpenters-arms.org</i></p>
<p>City Hearts (addiction and other issues, female, funding not required) – PO Box 4285, Sheffield S2 9BE <i>Tel: 0114 213 2063 info@city-hearts.co.uk www.city-hearts.co.uk</i></p>
<p>Gilead Foundation (drugs/alcohol, male/female & women with children) - Risdon Farm, Jacobstowe, Okehampton, Devon EX20 3AJ. <i>Tel: 01837 851240 www.gilead.org.uk</i></p>
<p>Gloucester House (drugs/alcohol, male) – Salvation Army, 6 High Street, Highworth, Swindon SN6 7AG. <i>Tel: 01793 762365 www.gloucesterhouse.org.uk</i></p>
<p>Kenward Trust (drugs/alcohol, male/female) – Kenward House, Kenward Road, Yalding, Kent ME18 6AH <i>Tel: 01622 814187. enquiry@kenwardtrust.org.uk. www.kenwardtrust.org.uk</i></p>
<p>Hebron House (drugs/alcohol, female) – 12 Stanley Avenue, Thorpe Hamlet, Norwich NR7 0BE <i>Tel: 01603 439905 info@hebrontrust.org.uk www.hebrontrust.org.uk</i></p>
<p>House of Heroes, Ovis Farm (drugs/alcohol, male/female – c. 20-50, funding not required) – Ovis Farm, Bratton Fleming, Barnstaple EX31 4TP. <i>Tel: 01598 710989 www.houseofheroes.co.uk</i></p>
<p>Teen Challenge (drugs/alcohol, male/female, up to 35) – Willoughby House, Station Road, Upper Broughton LE14 3BH (women: Wales) <i>Tel: 01664 822221 www.teenchallenge.org.uk</i></p>
<p>Victory Outreach UK (Christian family-based discipleship homes for young people with support) – Impact Centre, Crown Buildings, Ebbw Vale NP23 6YQ <i>Tel: 0845 409 2449 www.vouk.org.uk</i></p>
Local Christian Support Groups / Day Programmes
<p>Lifeshapers (Discipleship groups in various churches around the country, also suitable for those with addiction problems) <i>Tel: 01453 546775.</i></p>
<p>Overcomers (Christian twelve step group for any addictive behaviours) – various locations. www.overcomersoutreach.co.uk</p>
<p>Celebrate Recovery (Christian twelve step support group for any addictive behaviours) – various locations. www.celebraterecovery.co.uk</p>
<p>The Matthew Project (drugs counselling & support) – 24 Pottergate, Norwich NR2 1DX <i>Tel: 01603 626123. E-mail: needhelp@matthewproject.org. www.matthewproject.co.uk</i></p>
<p>The Living Room (day programme) – 8-10 The Glebe, Chells Way, Stevenage SG2 0DJ <i>Tel: 01438 355648 enquiries@thelivingroom.me.uk www.thelivingroom.me.uk</i></p>
<p>Philippi Trust (Christian counselling) – 229 Kings Road, Reading RG1 4LS. (Also Southport, Cornwall & St. Helens) <i>Tel: 0118 966 7422 www.philippi.co.uk</i></p>

Information and Support

Adfam (network for families of people with drug or alcohol problems) – Waterbridge House, 32-36 Loman Street, London SE1 0EH Tel: 020 7928 8898 www.adfam.org.uk

Al-Anon (support for families and friends of problem drinkers) 61 Great Dover Street, London SE1 4YF Tel: 020 7403 0888 www.al-anonuk.org.uk

Alcoholics Anonymous (support groups for alcoholics) Tel: 0845 7697 555
www.alcoholics-anonymous.org.uk

DIAS (open access drug & alcohol service for Reading, Drop-in: 1pm – 4pm Monday to Friday and Monday evenings by appointment) – 38 Queens Road, Reading RG1 4AU Tel: 0118 956 7441

Drinkline (information and advice for anyone with concerns about their own or someone else's drinking) Tel: 0800 917 82 82 For information see also separate web-site: www.alcoholconcern.org.uk

DrugFam (offering support for families of people with addiction problems in Buckinghamshire & elsewhere. Tel: 08453 8838 53 www.drugfam.co.uk

Drugscope (information about all aspects of drugs and drug abuse) - 32-36 Loman Street, London SE1 0EE Tel: 0202 7928 1211(for information rather than advice) www.drugscope.org.uk

Families Anonymous (support for relatives and friends concerned about someone's drug use) – Tel: 0845 1200 660 www.famanon.org.uk

Frank (24 hour information and advice on drugs) Tel: 0800 77 66 00 www.talktofrank.com

Hope UK (Christian drugs information, training & literature, especially for young people) – 25(f) Copperfield Street, London SE1 0EN Tel: 020 7928 0848 www.hopeuk.org

Helena Wilkinson (advice on eating disorders and other links) www.helenawilkinson.co.uk

Life for the World Trust (Christian addiction training) – Training Resource Centre, Genesis House, Green Park Road, Bath BA1 1JB Tel: 01392 217744 www.lftw.org

Narcotics Anonymous (support groups for drug addicts) – UK Service Office, 202 City Road, London EC1V 2PH Tel: 020 7730 0009 www.ukna.org

PADA (helpline for families of drug misusers in Merseyside) – Ellergreen Community Centre, Ellergreen Road, LIVERPOOL L11 2KY Tel: 0151 270 2108 www.pada.merseyside.org

Re-Solv (help and information on all aspects of solvent abuse, including for parents)
Telephone helpline (office hours): 01785 810762. www.re-solv.org

Samaritans (confidential non-judgemental emotional support, 24 hours a day for people who are experiencing feelings of distress or despair, including those which could lead to suicide.)
08457 90 90 90 www.samaritans.org

The National Association for Children (of all ages) of Alcoholics (support for those with a parent with alcoholism or other addiction) – Tel: 0800 358 3456 www.nacoa.ork.uk

Literature

Kicking It - A small readable book by David Partington, suitable for anyone struggling with addiction or seeking to help them. Available only from Yeldall, price £3, tel: 0118 940 1093

Insight into Addiction – A good easy to read book about addiction by Andre (Bill) Radmall. Available from Amazon and other retailers.

A Parents' Guide to Drugs and Alcohol – Government leaflet describing various drugs and their effects. This and other literature available free of charge from www.talktofrank.com.
Tel: 0800 77 66 00